

|            |  | energie (kcal) | eiwitten (g) | koolhydraten (g) | waarvan suikers (g) | vezels (g) | totaal vet (g) | waarvan verzadigd vet (g) | onverzadigd vet (g) | trans vet (g) | sodium (g) | totaal zout (g) | energie (kcal) | eiwitten (g) | koolhydraten (g) | waarvan suikers (g) | vezels (g) | totaal vet (g) | waarvan verzadigd vet (g) | onverzadigd vet (g) | trans vet (g) | sodium (g) | totaal zout (g) |
|------------|--|----------------|--------------|------------------|---------------------|------------|----------------|---------------------------|---------------------|---------------|------------|-----------------|----------------|--------------|------------------|---------------------|------------|----------------|---------------------------|---------------------|---------------|------------|-----------------|
| Chicken    | Original Recipe Kipstuk - Borst          | 220.0          | 24.1         | 6.4              | 0.2                 | 0.5        | 10.9           | 2.1                       | 8.8                 | 0.0           | 0.6        | 1.4             | 273.3          | 29.9         | 7.9              | 0.2                 | 0.6        | 13.5           | 2.6                       | 10.9                | 0.0           | 0.7        | 1.7             |
|            | Original Recipe Kipstuk - Drumstick      | 232.0          | 22.1         | 5.0              | 0.2                 | 0.9        | 13.5           | 2.9                       | 10.6                | 0.0           | 0.5        | 1.2             | 124.8          | 11.9         | 2.7              | 0.1                 | 0.5        | 7.3            | 1.6                       | 5.7                 | 0.0           | 0.3        | 0.6             |
|            | Original Recipe Kipstuk - Dij            | 275.0          | 17.5         | 7.7              | 0.3                 | 0.5        | 19.4           | 5.1                       | 14.3                | 0.1           | 0.6        | 1.5             | 272.7          | 17.4         | 7.6              | 0.3                 | 0.5        | 19.2           | 5.0                       | 14.2                | 0.1           | 0.6        | 1.5             |
|            | Original Recipe Kipstuk - Rib            | 250.0          | 22.1         | 7.3              | 0.3                 | 0.7        | 14.6           | 3.1                       | 11.5                | 0.1           | 0.7        | 1.8             | 303.8          | 26.9         | 8.8              | 0.4                 | 0.9        | 17.7           | 3.8                       | 13.9                | 0.1           | 0.9        | 2.2             |
|            | Original Recipe Kipstuk - vleugel        | 272.0          | 22.0         | 8.4              | 0.3                 | 0.8        | 16.5           | 3.8                       | 12.7                | 0.1           | 0.7        | 1.7             | 165.6          | 13.4         | 5.1              | 0.2                 | 0.5        | 10.0           | 2.3                       | 7.8                 | 0.0           | 0.4        | 1.0             |
|            | Zinger Hot Wings®                        | 328.0          | 21.4         | 5.7              | 0.5                 | 1.1        | 24.1           | 5.4                       | 18.7                | 0.1           | 0.8        | 1.9             | 95.1           | 6.2          | 1.7              | 0.1                 | 0.3        | 7.0            | 1.6                       | 5.4                 | 0.0           | 0.2        | 0.6             |
|            | Crispy Tender                            | 247.0          | 17.5         | 11.5             | 0.4                 | 0.5        | 14.4           | 1.9                       | 12.5                | 0.1           | 0.6        | 1.6             | 113.0          | 8.0          | 5.3              | 0.2                 | 0.2        | 6.6            | 0.9                       | 5.7                 | 0.0           | 0.3        | 0.7             |
|            | Filet Bites                              | 227.0          | 18.0         | 12.9             | 0.5                 | 0.8        | 11.3           | 1.7                       | 9.6                 | 0.0           | 0.1        | 2.6             | 68.1           | 5.4          | 3.9              | 0.2                 | 0.2        | 3.4            | 0.5                       | 2.9                 | 0.0           | 0.3        | 0.8             |
|            | Original Burger                          | 214.8          | 12.2         | 19.7             | 2.4                 | 1.6        | 9.3            | 1.1                       | 4.2                 | 0.0           | 0.4        | 1.1             | 452.4          | 25.8         | 41.5             | 5.1                 | 3.3        | 19.6           | 2.4                       | 8.7                 | 0.1           | 0.9        | 2.3             |
|            | Zinger Burger                            | 238.8          | 12.1         | 20.2             | 2.4                 | 1.6        | 11.8           | 1.6                       | 6.3                 | 0.0           | 0.4        | 1.0             | 514.9          | 26.0         | 43.6             | 5.1                 | 3.4        | 25.5           | 3.4                       | 13.6                | 0.1           | 0.8        | 2.1             |
|            | Double Crunch Burger                     | 238.7          | 11.5         | 22.5             | 2.2                 | 1.5        | 10.9           | 1.4                       | 9.5                 | 0.0           | 0.4        | 1.1             | 480.9          | 23.1         | 45.3             | 4.5                 | 3.0        | 22.0           | 2.8                       | 19.1                | 0.1           | 0.9        | 2.3             |
|            | Crunchy Burger                           | 250.3          | 11.2         | 29.5             | 6.5                 | 0.2        | 8.8            | 2.3                       | 4.3                 | 0.0           | 0.2        | 1.7             | 333.5          | 15.0         | 39.3             | 8.6                 | 0.3        | 11.8           | 3.0                       | 5.7                 | 0.0           | 0.3        | 2.3             |
|            | Twister                                  | 218.5          | 8.8          | 24.1             | 4.7                 | 3.0        | 8.8            | 1.1                       | 6.2                 | 0.0           | 0.4        | 0.9             | 405.8          | 16.4         | 44.8             | 8.8                 | 5.6        | 16.3           | 2.1                       | 11.5                | 0.0           | 0.7        | 1.7             |
|            | Fire Twister                             | 218.0          | 8.9          | 25.8             | 6.5                 | 3.0        | 8.1            | 1.1                       | 5.5                 | 0.0           | 0.4        | 0.9             | 409.3          | 16.7         | 48.4             | 12.1                | 5.7        | 15.2           | 2.0                       | 10.3                | 0.0           | 0.7        | 1.7             |
|            | Crispy bacon slices                      | 450.0          | 35.0         | 0.5              | 0.5                 | 0.0        | 35.0           | 14.0                      | 0.0                 | 0.0           | 1.6        | 4.0             | 81.0           | 6.3          | 0.1              | 0.1                 | 0.0        | 6.3            | 2.5                       | 0.0                 | 0.0           | 0.3        | 0.7             |
|            | Cheddarcheese                            | 229.0          | 14.8         | 19.4             | 3.3                 | 1.4        | 9.9            | 2.8                       | 5.0                 | 0.0           | 0.5        | 1.5             | 529.3          | 34.3         | 44.8             | 7.6                 | 3.3        | 22.8           | 6.4                       | 11.5                | 0.0           | 1.2        | 3.5             |
|            | Fire Zinger Burger                       | 238.5          | 12.0         | 20.2             | 2.3                 | 1.6        | 11.8           | 1.6                       | 6.3                 | 0.0           | 0.4        | 1.0             | 501.0          | 25.2         | 43.4             | 4.9                 | 3.4        | 25.4           | 3.4                       | 13.5                | 0.1           | 0.9        | 2.1             |
|            | Fire Zinger Stacker                      | 252.6          | 16.0         | 17.5             | 2.7                 | 1.3        | 1.3            | 2.9                       | 9.2                 | 0.0           | 0.4        | 1.4             | 795.7          | 50.4         | 55.1             | 8.5                 | 4.1        | 40.9           | 9.1                       | 28.9                | 0.1           | 0.9        | 4.4             |
|            | Colonel Burger                           | 232.5          | 13.0         | 19.7             | 2.4                 | 1.6        | 9.3            | 1.1                       | 4.1                 | 0.0           | 0.4        | 1.1             | 511.5          | 28.6         | 43.3             | 5.3                 | 3.5        | 20.4           | 2.4                       | 9.2                 | 0.1           | 0.9        | 2.7             |
|            | Colonel Stacker                          | 215.9          | 16.0         | 16.6             | 2.5                 | 1.3        | 9.0            | 2.2                       | 6.0                 | 0.0           | 0.5        | 1.5             | 656.3          | 48.6         | 50.4             | 7.6                 | 3.9        | 27.4           | 6.7                       | 18.2                | 0.0           | 1.5        | 4.6             |
| Sides      | Friet - small                            | 302.0          | 4.0          | 37.2             | 0.2                 | 3.6        | 14.4           | 3.4                       | 11.0                | 0.1           | 0.1        | 0.4             | 250.7          | 3.3          | 30.9             | 0.2                 | 3.0        | 12.0           | 2.8                       | 9.1                 | 0.1           | 0.1        | 0.3             |
|            | Friet - medium                           | 302.0          | 4.0          | 37.2             | 0.2                 | 3.6        | 14.4           | 3.4                       | 11.0                | 0.1           | 0.1        | 0.4             | 292.9          | 3.9          | 36.1             | 0.2                 | 3.5        | 14.0           | 3.3                       | 10.7                | 0.1           | 0.1        | 0.3             |
|            | Kentucky Loaded Fries                    | 271.3          | 9.8          | 27.1             | 0.3                 | 3.1        | 14.6           | 2.9                       | 12.0                | 0.2           | 0.3        | 1.4             | 624.0          | 22.6         | 62.3             | 9.0                 | 6.0        | 33.6           | 9.1                       | 24.5                | 0.8           | 1.0        | 3.2             |
|            | Friet - large                            | 302.0          | 4.0          | 37.2             | 0.2                 | 3.6        | 14.4           | 3.4                       | 11.0                | 0.1           | 0.1        | 0.4             | 383.5          | 5.1          | 47.3             | 0.3                 | 4.6        | 18.3           | 4.3                       | 14.0                | 0.1           | 0.2        | 0.5             |
|            | Onion rings                              | 215.0          | 3.0          | 26.0             | 4.5                 | 2.0        | 10.5           | 1.4                       | 9.1                 | 0.0           | 0.6        | 1.4             | 193.0          | 2.6          | 24.5             | 3.9                 | 1.6        | 8.3            | 9.8                       | 8.0                 | 0.0           | 0.5        | 1.2             |
| Maïskolf   | 111.0                                    | 4.2            | 19.6         | 16.6             | 2.2                 | 2.3        | 0.2            | 0.8                       | 0.0                 | 0.0           | 0.0        | 138.8           | 5.3            | 24.5         | 20.8             | 2.8                 | 2.9        | 0.3            | 1.0                       | 0.0                 | 0.0           | 0.0        | 0.0             |
| Salads     | Chicken Salad                            | 122.7          | 8.4          | 6.6              | 1.4                 | 1.3        | 6.6            | 0.9                       | 5.7                 | 0.0           | 0.3        | 0.7             | 253.4          | 17.4         | 13.6             | 2.8                 | 2.6        | 13.7           | 1.8                       | 11.7                | 0.1           | 0.6        | 1.5             |
| Dips       | Fritessaus                               | 275.0          | 0.2          | 11.3             | 7.1                 | 0.3        | 25.3           | 1.8                       | 0.0                 | 0.1           | 0.7        | 2.0             | 68.8           | 0.1          | 2.8              | 1.8                 | 0.1        | 6.3            | 0.5                       | 0.0                 | 0.0           | 0.2        | 0.5             |
|            | Tomatenketchup                           | 103.0          | 0.9          | 24.1             | 23.7                | 0.7        | 0.1            | 0.0                       | 0.0                 | 0.0           | 0.9        | 2.5             | 25.8           | 0.2          | 6.0              | 5.9                 | 0.2        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.2        | 0.6             |
| Desserts   | Gingerbread Cookie                       | 155.6          | 2.5          | 23.3             | 16.9                | 0.2        | 5.8            | 3.9                       | 0.0                 | 0.0           | 0.1        | 0.2             | 513.5          | 8.4          | 76.9             | 55.9                | 0.7        | 19.2           | 12.8                      | 0.0                 | 0.0           | 0.2        | 0.7             |
|            | Milkshake Vanille medium                 | 146.5          | 2.5          | 21.8             | 18.0                | 0.2        | 5.5            | 3.9                       | 0.0                 | 0.0           | 0.1        | 0.2             | 468.8          | 7.8          | 69.8             | 57.7                | 0.6        | 17.4           | 12.3                      | 0.0                 | 0.0           | 0.2        | 0.5             |
|            | Milkshake Chocola medium                 | 169.2          | 2.9          | 19.5             | 15.3                | 0.2        | 8.8            | 4.5                       | 0.0                 | 0.0           | 0.1        | 0.2             | 541.4          | 9.4          | 62.4             | 48.8                | 0.6        | 28.1           | 14.4                      | 0.0                 | 0.0           | 0.2        | 0.6             |
|            | Milkshake Coconut medium                 | 146.9          | 2.4          | 22.1             | 18.0                | 0.2        | 5.4            | 3.8                       | 0.0                 | 0.0           | 0.1        | 0.2             | 477.5          | 7.8          | 72.0             | 58.4                | 0.6        | 17.5           | 12.3                      | 0.0                 | 0.0           | 0.2        | 0.5             |
|            | Milkshake Aardbei medium                 | 124.5          | 2.3          | 17.0             | 13.4                | 0.2        | 5.2            | 3.7                       | 0.0                 | 0.0           | 0.1        | 0.2             | 417.0          | 7.8          | 57.0             | 45.0                | 0.6        | 17.4           | 12.3                      | 0.0                 | 0.0           | 0.2        | 0.5             |
|            | Kokos Milkshake                          | 166.2          | 2.7          | 21.0             | 17.0                | 0.2        | 7.9            | 4.5                       | 0.0                 | 0.0           | 0.1        | 0.2             | 531.8          | 8.7          | 67.0             | 54.3                | 0.8        | 25.3           | 14.3                      | 0.0                 | 0.0           | 0.2        | 0.5             |
|            | Ultimate Ice Cream Chocolate brownie     | 270.6          | 3.6          | 25.5             | 19.8                | 0.6        | 16.7           | 8.1                       | 2.0                 | 0.0           | 0.1        | 0.3             | 433.0          | 5.8          | 40.8             | 31.7                | 1.0        | 26.7           | 13.0                      | 3.2                 | 0.0           | 0.1        | 0.4             |
|            | Ultimate Ice Cream Strawberry Cheesecake | 222.8          | 2.7          | 28.8             | 21.7                | 0.2        | 10.4           | 7.3                       | 2.6                 | 0.1           | 0.1        | 0.3             | 356.5          | 4.4          | 46.1             | 34.8                | 0.3        | 16.7           | 11.7                      | 4.1                 | 0.2           | 0.2        | 0.5             |
|            | Sundae Chocolade                         | 205.8          | 3.4          | 23.5             | 19.0                | 0.0        | 10.8           | 4.4                       | 1.1                 | 0.0           | 0.1        | 0.3             | 257.2          | 4.3          | 29.4             | 23.8                | 0.0        | 13.5           | 5.5                       | 1.3                 | 0.0           | 0.2        | 0.4             |
|            | Sundae Aardbei                           | 158.5          | 2.5          | 26.7             | 21.8                | 0.0        | 4.4            | 3.2                       | 1.1                 | 0.0           | 0.1        | 0.3             | 198.1          | 3.1          | 33.3             | 27.2                | 0.0        | 5.5            | 4.0                       | 1.3                 | 0.0           | 0.2        | 0.4             |
|            | Ijshoortje                               | 180.9          | 3.5          | 28.7             | 19.3                | 0.4        | 5.7            | 3.7                       | 1.2                 | 0.0           | 0.1        | 0.4             | 135.7          | 2.6          | 21.5             | 14.5                | 0.3        | 4.2            | 2.7                       | 0.9                 | 0.0           | 0.1        | 0.3             |
|            | Double Chocolate Cookie                  | 489.0          | 4.9          | 64.0             | 39.0                | 2.4        | 23.0           | 14.0                      | 0.0                 | 0.0           | 0.0        | 0.5             | 352.1          | 3.5          | 46.1             | 28.1                | 1.7        | 16.6           | 10.1                      | 0.0                 | 0.0           | 0.0        | 0.4             |
|            | Triple Chocolate Cookie                  | 480.0          | 5.2          | 61.0             | 38.0                | 2.9        | 23.0           | 14.0                      | 0.0                 | 0.0           | 0.0        | 0.5             | 345.6          | 3.7          | 43.9             | 27.4                | 2.1        | 16.6           | 10.1                      | 0.0                 | 0.0           | 0.0        | 0.4             |
|            | Debic Slagroom                           | 351.0          | 2.0          | 13.0             | 13.0                | 0.0        | 32.0           | 23.0                      | 8.0                 | 0.0           | 0.0        | 0.1             | 98.3           | 0.6          | 3.6              | 3.6                 | 0.0        | 9.0            | 6.4                       | 2.2                 | 0.0           | 0.0        | 0.0             |
| Vegetarian | Quorn Vegetarian tender - Average        | 189.0          | 12.6         | 11.2             | 0.3                 | 4.0        | 9.5            | 1.2                       | 0.0                 | 0.0           | 0.0        | 1.3             | 85.1           | 5.7          | 5.0              | 0.1                 | 1.8        | 4.3            | 0.5                       | 0.0                 | 0.0           | 0.0        | 0.6             |
|            | Veggie Burger                            | 210.0          | 8.6          | 21.2             | 2.7                 | 3.0        | 9.4            | 1.1                       | 4.6                 | 0.0           | 0.2        | 0.9             | 451.5          | 18.5         | 45.6             | 5.8                 | 6.4        | 20.2           | 2.3                       | 9.9                 | 0.0           | 0.3        | 2.0             |
|            | Veggie Twister                           | 211.3          | 8.6          | 21.7             | 4.3                 | 3.9        | 9.1            | 1.1                       | 3.5                 | 0.0           | 0.2        | 0.9             | 485.9          | 19.7         | 49.9             | 9.8                 | 9.0        | 21.0           | 2.4                       | 8.1                 | 0.0           | 0.4        | 2.2             |
|            | Veggie Salad                             | 96.3           | 6.2          | 6.4              | 1.3                 | 2.8        | 4.4            | 0.6                       | 0.1                 | 0.0           | 0.0        | 0.6             | 197.5          | 12.8         | 13.2             | 2.7                 | 5.8        | 9.1            | 1.2                       | 0.3                 | 0.0           | 0.0        | 1.2             |
| Drinks     | Pepsi 400 ml                             | 44.0           | 0.0          | 10.9             | 10.9                | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             | 176.0          | 0.0          | 43.6             | 43.6                | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             |
|            | Pepsi Max 400 ml                         | 4.0            | 0.1          | 0.0              | 0.0                 | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             | 16.0           | 0.2          | 0.0              | 0.0                 | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.1             |
|            | Sisi 400 ml                              | 24.0           | 0.0          | 6.0              | 6.0                 | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             | 96.0           | 0.0          | 24.0             | 24.0                | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             |
|            | 7- Up 400 ml                             | 42.0           | 0.0          | 10.6             | 10.6                | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             | 168.0          | 0.0          | 42.4             | 42.4                | 0.0        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             |
|            | Lipton Ice Tea 400 ml                    | 36.0           | 0.5          | 8.6              | 8.5                 | 0.0        | 0.5            | 0.1                       | 0.0                 | 0.0           | 0.0        | 0.1             | 144.0          | 2.0          | 34.4             | 34.0                | 0.0        | 2.0            | 0.4                       | 0.0                 | 0.0           | 0.0        | 0.4             |
|            | Pass-o-guava                             | 44.0           | 0.1          | 10.8             | 10.7                | 0.1        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             | 176.0          | 0.4          | 43.2             | 42.8                | 0.4        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.0        | 0.0             |
|            | Watermelon Sparkler                      | 42.9           | 0.0          | 10.6             | 10.5                | 0.1        | 0.0            | 0.0                       | 0.0                 | 0.0           | 0.         |                 |                |              |                  |                     |            |                |                           |                     |               |            |                 |